Recommended Use: As a dietary supplement, take 1 capsule 30-45 minutes before bedtime with 8 ounces of water. If you're not asleep within 1 hour, or if you awaken during the night and have difficulty going back to sleep, take 1 additional capsule.

No artificial preservatives, no salt, no fat, no wheat, no chemicals, no caffeine, no artificial colors or flavors.

Keep tightly closed and store in a cool, dry place.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

SBC health products

Sleep Tight Formula

30 capsules dietary supplement

Supplement Facts Serving Size: 1 capsule

Amount per Serving % Daily Value

*Daily Values not established.

Servings Per Container: 30

Other ingredients:

Distributed for SBC Health Products, Phoenix, AZ 85018 1-602-956-6688